

◆ **THE WELLNESS SOLUTION** ◆



◆ **Based on Nobel Prize Science** ◆

\$29.95 US/\$34.95 Canada



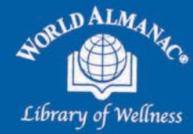
Edward A. Taub, M.D.

EDWARD A TAUB, M.D., is QVC's "Wellness Medical Doctor." The Doctor's wellness medical practice is considered the largest in the world. In his televised wellness consultations, reaching over 85 million homes, Dr. Taub brings to bear more than 40 years experience as a board-certified pediatrician and a family physician. He is the author of six books on wellness and preventive medicine and the founder of the Integrative Medicine movement.



Ferid Murad, M.D., Ph.D.

FERID MURAD, M.D., Ph.D., won the 1998 Nobel Prize in Medicine for research leading to the discovery that Nitric Oxide is the body's signaling molecule. The Doctor received the Albert Lasker Award for Basic Medical Research for "having advanced the fundamental understanding of biochemical mechanisms in cells." He is the chairman of the Department of Integrative Biology and Pharmacology and the Director of the Institute of Molecular Medicine at the University of Texas Medical School in Houston.



The Wellness Solution provides new meaning for the phrase "Just Say NO." (Nitric Oxide.) The book is all about boosting NO in our body, mind and spirit, and improving the world for mankind as a whole. The authors provide their shared wisdom and new knowledge in ways that lead readers to embrace healthier behaviors—cognitive, affective, physical, relational and intentional. Just reading the book helps relieve suffering and can lead to a better quality of life.

—**Ronald J. Pion, M.D.**
Clinical Professor of Obstetrics and Gynecology,
The Geffen School of Medicine, UCLA

A very challenging part of my job as a physician and surgeon, is being able to explain a difficult and complicated medical problem in a form that is simple, comprehensive, and understandable to my patients. This book, *The Wellness Solution* takes Nobel Prize science and makes it easy to comprehend and believe. I commend the authors for accomplishing this and bringing to the public a very timely, excellent health solution.

—**Ralph W. DeNatale, M.D., F.A.C.S.**
Assistant Clinical Professor of Surgery,
Yale University School of Medicine

Chief of Vascular Surgery,
Hospital of Saint Raphael, CT

We greatly admire *The Wellness Solution* as elegant and beautiful.

Chinese Medicine defines Chi as the link between the inner essence and the outer manifestation of a human being, which is reflected in good health. *The Wellness Solution* leads us to the inevitable conclusion that Nitric Oxide and Chi are one and the same.

We find ourselves in complete agreement with the book's simple but true prescription that one needs to genuinely "want to be good" first. This can begin from just reading this book. We recognize that a small gas molecule like Nitric Oxide is the ultimate messenger molecule for good health and salute the potential of this book For the Wellness of the World.

—**Kangnian Zhu, M.D.**
Secretary General of China Health Care Association, 2000–2005
President, Suzhou International Healthcare Park, China

—**Kwong Yue Hui, Ph.D.**
Principal, China Healthcare Link, Ltd., Hong Kong

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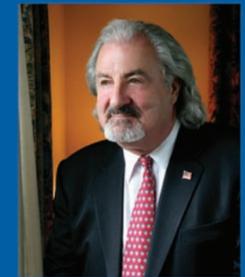
Taub, Murad, and Oliphant

THE WELLNESS SOLUTION



By
Edward A. Taub, M.D., F.A.A.P.
Ferid Murad, M.D., Ph.D.
David Oliphant

Meet David Oliphant, publisher and co-author



David Oliphant

DAVID OLIPHANT is publisher and co-author of *The Wellness Solution*. He brings over 40 years of publishing experience to this project. Oliphant created and published the world-famous "Illustrated Classics," in which great works of literature were transformed into books appreciated by a wide audience. He brings those skills to his collaboration with Doctors Ferid Murad and Edward Taub, transforming the latest medical advances into a motivational book that helps extend the healthy years of life.

The nitric oxide news is thrilling. Sounds like Dr. Taub and Dr. Murad have found the "God" Molecule."

—**Larry Dossey, M.D.**
Author of *The Extraordinary Healing Power of Ordinary Things*

Executive Editor: *EXPLORE: The Journal of Science and Healing*

